












25 Ponquogue Ave. – PO Box 974
Hampton Bays, NY 11946

MARCH 2010

Luncheon Served 12 Noon

Bingo everyday except Wednesday

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Stuffed Cabbage 10:00 Stretch & Tone Exercise Class 10:00 Walking Club 10:00 Computers w/ Ben 1:00 Computers w/Ben</p> 	<p>2 Teriyaki Glazed Chicken 10:00 Operation Visit – A – Friend 10:00 Drawing w/Bill – Flanders 10:30 Chair Yoga</p>	<p>3 Eggplant Rollette 11:00 Southampton Seniors Meeting 12:45 Afternoon Movie & Snack – “River Dance” 1:00 Country Line Dancing 1:00 Mah Jongg Club 7:00 Adult Children of Aging Parents Support Group-HBSC</p>	<p>4 Home Style Pot Roast Monthly Birthday Celebration – Music by Larry Lang!</p>  <p>1:30 Duplicate Bridge Game – Bridgehampton</p>	<p>5 Brewer’s Codfish 10:00 Stretch & Tone Exercise Class</p> 
<p>8 BBQ Chicken 10:00 Stretch & Tone Exercise Class 10:00 Walking Club 10:00 Computers w/ Ben 10:00 Crafts w/Carolyn -St. Patrick’s Day Craft 1:00 Computers w/Ben</p>	<p>9 Hungarian Goulash 9:30- Thrift Shop Day 10:00 Knitting & Crocheting Circle 10:30 Chair Yoga 11:00 Greater Westhampton Seniors Meeting – Westhampton</p> 	<p>10 Roast Pork 9:30 Mah Jongg 1:00 Country Line Dancing 1:00 Caregiver’s Support Group – HBSC Library 6:00 Grandparents Raising Grandchildren – HBSC</p>	<p>11 Tomato Topped Codfish 10:00 Coffee & Conversation1:30 Duplicate Bridge Game – Bridgehampton</p> <p>Past or Present Share Your Treasured Mementos</p>	<p>12 Ham, Peas & Mushroom Alfredo 7:15 Bus Departs for Foxwood (Pre registration required) 10:00 Stretch & Tone Exercise Class</p> <p>Daylight Savings Time Begins Sunday</p> 
<p>15 Chicken Lo Mein 10:00 Walking Club 10:00 Stretch & Tone Exercise Class 10:00 Computers w/ Ben 1:00 Computers w/Ben</p>	<p>16 Veal Parmesan 9:30 FAN Food 10:30 Chair Yoga</p> 	<p>17 Corned Beef & Cabbage 10:45 St. Patrick’s Day Celebration 11:00 Southampton Seniors Meeting 1:00 Country Line Dancing 1:00 Mah Jongg Club 7:00 Adult Children of Aging Parents Support Group-HBSC</p>	<p>18 Swedish Meatballs 9:30 Seniors 4 Kids 10:00 Coffee & Conversation- Intergenerational Pen Pal Letters 1:30 Duplicate Bridge Game – Bridgehampton</p>	<p>19 Anniversary Chicken 10:00 Stretch & Tone Exercise Class 2:30 Book Discussion Group</p>
<p>22 White Chicken Enchiladas 10:00 Stretch & Tone Exercise Class 10:00 Walking Club 10:00 Computers w/ Ben 1:00 Computers w/Ben</p>	<p>23 Potato Crusted Codfish 10:00 Knitting & Crocheting Circle 10:30 Chair Yoga 11:00 Greater Westhampton Seniors Meeting – Westhampton</p>	<p>24 Hearty Beef Stew 9:00 Mah Jongg Club 1:00 Country Line Dancing</p> 	<p>25 Cheese Ravioli 10:00 Coffee & Conversation 1:30 Duplicate Bridge Game – Bridgehampton</p>	<p>26 Roasted Turkey w/Pan Gravy 10:00 Stretch & Tone Exercise Class</p> 
<p>29 Stuffed Cabbage 10:00 Stretch & Tone Exercise Class 10:00 Walking Club 10:00 Computers w/ Ben 10:00- Site Council Meeting 1:00 Computers w/Ben 3:00 You Can Make A Difference Volunteer Meeting</p>	<p>30 Teriyaki Glazed Chicken 10:30 Chair Yoga</p>	<p>31 Eggplant Rollette 1:00 Caregiver’s Support Group – HBSC</p> 		<p>Defensive Driving March 27 (Pre-registration required)</p> 

Shopping to Riverhead Stores

w/ Shuttle Buses
Every Tuesday
Shopping in
Hampton Bays



Every Wednesday w/ Shuttle Buses